

2021-2022

HEALTHY  
MEALS



# Plainfield High School

## Breakfast

<b>Student Breakfast</b>	\$0.00	<b>Adult Breakfast</b>	\$2.55
<b>Reduced Breakfast</b>	\$0.00	<b>Side Bkft meat</b>	\$1.50

## Lunch

<b>Student Lunch</b>	\$0.00	<b>Adult Lunch</b>	\$4.55
<b>Student Entrée Only</b>	\$0.00	<b>Adult Entrée only</b>	\$3.55
<b>Extra Entrée with Lunch</b>	\$1.90	<b>Pizza Slice w/ 1 side</b>	\$3.00

## Beverages

<b>Milk</b>	\$.55	<b>100% Juice 4 oz.</b>	\$.75
<b>Bottled Water 16 oz./ 8oz.</b>	\$1.00/.55	<b>Coffee/Tea/Cocoa</b>	\$1.00/\$1.50
<b>Drinks 16 oz./ 20 oz.</b>	\$1.50/2.00	<b>Drinks 12 oz. / Slushie</b>	\$1.00/\$2.00

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$.75	<b>Bagel with Butter</b>	\$1.25
<b>Fresh Fruit in a clamshell</b>	\$3.00	<b>Bagel with Cream Cheese</b>	\$1.50
<b>Side Veggies /French Fries</b>	\$1.50	<b>Donut/Muffin/Pastry</b>	\$1.00/1.50
<b>Small Side Salad</b>	\$2.55	<b>Soft Pretzel</b>	\$1.00
<b>Savory Soup</b>	\$2.00	<b>Fresh Baked Cookie</b>	3/\$1.00
<b>Baked Chips</b>	\$1.00	<b>Ice Cream</b>	\$1.00/\$1.50
<b>Yogurt 4oz./6oz</b>	\$1.00/\$1.50	<b>Cereal/Oatmeal/ Nutrigrain Bar</b>	\$1.25
<b>Yogurt Parfait</b>	\$2.50	<b>Pop Tart</b>	\$1.00



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### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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*healthy kids!*